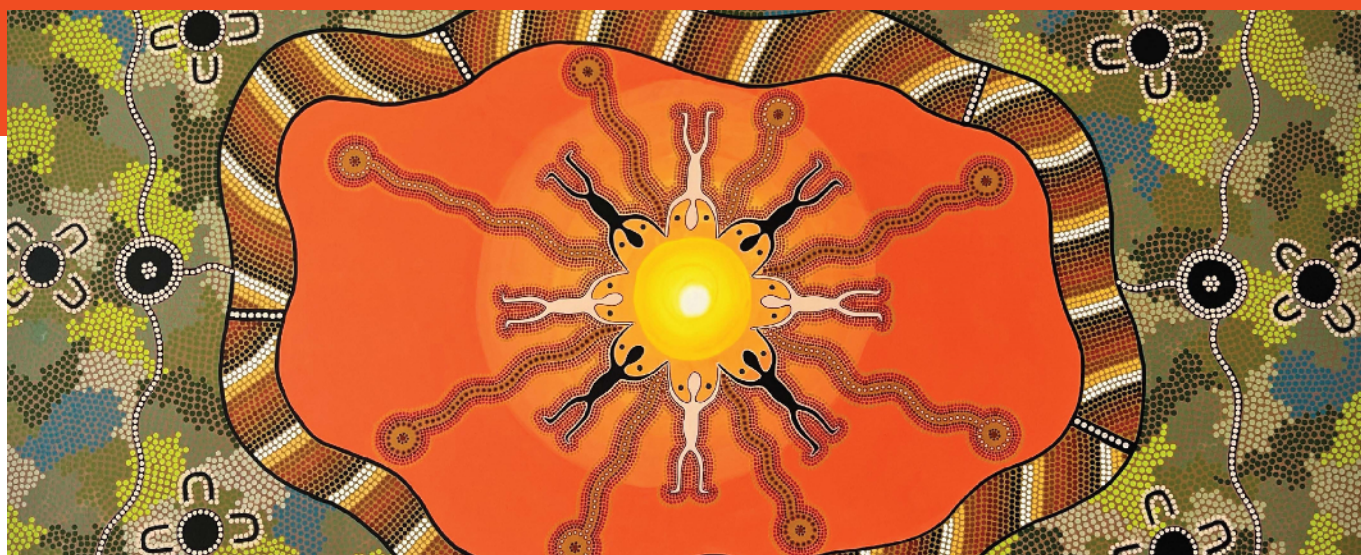


Graduate Diploma in Indigenous Health Promotion (SEWB)



*A unique opportunity for
land-based learning in the
community of Lismore.*

- ▶ Learn how to promote social and emotional wellbeing (SEWB) in your community from a team of Aboriginal and Torres Strait Islander academics
- ▶ Intensive teaching blocks delivered face-to-face at the University Centre for Rural Health
- ▶ Commonwealth Supported Places available; travel expenses, meals and accommodation covered
- ▶ Applications now open

Are you an Aboriginal and Torres Strait Islander health worker with an interest in social and emotional wellbeing or mental health? Do you want to take your career to the next level? This course may be for you.

SEWB describes the holistic understanding of health that many Aboriginal and Torres Strait Islander peoples have. It includes cultural, spiritual, social and emotional wellbeing of the individual, family and wider community. It also considers a variety of factors that contribute to health such as policy and the environment.

Promoting SEWB over mental health is a more effective and all-encompassing way to address the myriad factors that contribute to health and wellbeing.

Apply now and be on the path to joining our cohort of graduates, many of whom have fulfilling careers in a variety of sectors including community, health, government and education.



Learn to work with your community

Throughout the course, you will learn to:

- identify the SEWB health priorities, needs and strengths of your community
- work in partnership with your community to develop SEWB health promotion and prevention programs
- implement and evaluate these programs in community, ensuring continued improvement

Where the course can take you

On completion of your studies, you will be able to:

- address any SEWB issue using best-practice health promotion and prevention tools
- act to improve the SEWB of your community and the wider population
- progress your career and act as a role model to your family and community
- enrol in higher university degrees

What study looks like

The course is completed over a 12-month period. It is delivered in 6 individual blocks, allowing students to travel to Lismore to attend 3-day teaching intensives held at the University Centre for Rural Health:

- **Block 1** (August 11-13) Community Profiling and Setting Priorities
- **Block 2** (October 27-29) Health Promotion Program Planning
- **Block 3** (November 24-27) Health Promotion Goals, Objectives and Strategies

- **Block 4** (February 9-11) Health Promotion Communication
- **Block 5** (March 16-18) Indigenous Research and Program Evaluation
- **Block 6** (May 11-13) Art, Science and Politics of Prevention

Course fees

Commonwealth Supported Places (CSP) are available for this course, which means fees are subsidised by the Australian Government. Students can defer the remaining Student Contribution (approximately \$6,986) to a HECS-HELP loan. Other support includes:

- travel, accommodation and meals provided
- access to one-on-one tutorial support
- all learning resources & course materials provided

Entry requirements

You should have:

- at least three years relevant work experience in SEWB, mental health or a health-related role
- proof of prior learning (including technical and vocational training [TAFE] or other university study)
- a letter from your employer expressing their support for your study plans OR a personal statement explaining how the course will enhance your professional development
- a statement of Aboriginal and Torres Strait Islander identification
- availability to travel to intensive teaching blocks in Lismore

For more information

Email: sph.gdihp@sydney.edu.au

Phone: +61 2 9114 4604

Web: <https://www.sydney.edu.au/courses/courses/pc/graduate-diploma-in-indigenous-health-promotion.html>